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www.fasttomato.com

KEY STAGE 4
SUGGESTED 5 HOUR
CAREERS EDUCATION PROGRAMME



prospects

| Time | Be Real Game/ Fast Tomato element | Learning Outcomes Students will be able to: | Teaching and Learning Activities | Resources | Differentiation |
|------------------|---|--|--|---|------------------------|
| 1 hour | BR Introduction BR Topic 1 My role | Consider options for the future Understand concepts related to the world of work Build relationships and work in groups Understand the High Five and see how the principles are realised in their own lives | Completion of My Life/work questionnaire Introduction to programme and group structure Explanation of character roles Completion of Who are you questionnaire Description of High Five followed by Q & A | My Life/work survey questionnaire Character roles Whoa re you activity sheet/ Skills and personal qualities Transparencies High Five poster | |
| 0.5 hours | BR Topic 2 Preparing for work BR Topic 3 World at work | Prepare for work Identify qualities, interests and relevance to career building Understand a CV and choose employment to match qualifications Link qualifications and key skills to careers | Discussion of personal skills Completion of information worksheet followed by Q&A Selection and choice of suitable job profile Experiencing an interview for each application Discussion of job roles in the class | Transparencies Job information/ advertisements Job List Job profiles | |

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|------------------|-----------------------------------|---|---|---|-----------------|
| 1 hour | BR Topic 4 My Lifestyle | <p>Understand the link between lifestyle choices and income</p> <p>Determine what is important to them in lifestyle choices</p> <p>Prioritise values in relation income</p> <p>Apply maths & decision making skills</p> | Completion of monthly budget | Budget sheet and guidelines | |
| 0.5 hours | BR Topic 9 Change is constant | <p>Explore ways of social and economic forces impact on the availability and nature of work</p> <p>Understand the impact of supply and demand for workers on lifestyle</p> <p>Identify job change factors e.g. downsizing, restructuring, technological change</p> <p>Consider career factors important to them</p> | <p>Discussion on the frequency of job changes throughout life</p> <p>Description of change factors</p> <p>Exploration of financial implications of job loss</p> | <p>Job change notices</p> <p>Transparency</p> | |

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| 1 hour | BR Topic 13 The real me Fast Tomato Career exploration | Identify their personal interests, skills and learning styles Demonstrate understanding of different work styles and, environments Produce 20 career suggestions and explore entry routes, qualifications to inform choices | Completion of a variety of self evaluation questionnaires Completion of About me, My interests online questionnaires | Who am I? Interests, Key skills checklist and Learning styles worksheets Individual student access to Fast Tomato website | |
| 1 hour | Fast Tomato Career exploration BR Topic 15 Spin game – if time BR Topic 16 A new beginning | Reflect on the career suggestions and explore others directly Add interesting suggestions to their personal list Consider Year 11 options Develop their own action plan As topic 2 Measure their learning Add to their learning portfolios | Completion of My Plans and Targets Using power search to access specific careers Completion of the My Style, My Situation, My Priorities to refine careers suggestions Access Year 11 options page & access course suggestions Using Summary report to inform discussion with Connexions Personal Adviser, Form Tutor, Career Teacher and Parents/Carers As topic 2 Completion of MY Life/ Work survey questionnaire | Individual student access to Fast Tomato website Handout or interactive Realising your dream profile What do I know worksheets Transparency and Q&A My live/work questionnaire Access to their learning portfolios | |

